



LET US
**PAMPER
YOU**
FROM HEAD TO TOE!

Located at Origin at Longwood,
the **Evergreen Salon & Spa™**
is designed with seniors in mind.

We offer a range of services that cater to
all your needs. Our team will pamper you
from head to toe with a one of a kind
experience that is designed just for you.

With over 25 years of experience, we strive to
reach beyond the roots (of hair), and into the
refinement and healing of one's core self
for both men and women.

All Salon Services are offered at
'A La Carte Pricing'

Whether it's a relaxing massage, age defying
colour transformation, precise haircut or
classic manicure, you deserve to feel
amazing and look your best.

(All products used in the Salon are professional,
low chemical levels and lightly scented for your comfort)

EVERGREEN
SALON & SPA™

Origin at Longwood
6205 Oliver Road
Nanaimo, BC • V9T 6T1

Call or email to book your appointment –
250-585-5030
evergreenspa@originlongwood.ca

HOURS OF OPERATION

Tuesday – Saturday
10:00 AM – 4:00 PM

Like us on Facebook:
[/EvergreenSpaNanaimo](https://www.facebook.com/EvergreenSpaNanaimo)

www.evergreenspa.ca



NOURISH YOUR
**BODY &
SPIRIT**

EVERGREEN
SALON & SPA™
ORIGIN AT LONGWOOD

HAIR

Bang Trim	\$6.00
Haircut	\$28.00
Shampoo	\$13.00
Curling Iron or Style Blow Dry	\$28.00
Shampoo/Roller Set	\$40.00
Perm	STARTING AT 62.00
Perm with Cut.....	STARTING AT 90.00
Colour (1oz.).....	STARTING AT \$56.00
Additional Oz. of Colour	\$17.00
Cap Highlight or Low lite	\$78.00
Foils	\$12.00 each
Full Head of Foil.....	STARTING AT 112.00
Toner (1/2 oz.).....	\$17.00
Beard Trim	\$11.00

SPA

Evergreen Classic Pedicure – an aromatherapy foot bath followed by exfoliation. Nails are cut, shaped and cuticles are tidied. Callus reduction, followed by an application of foot cream with a foot and leg massage.

Evergreen Indulgence Pedicure – addition of a hot stone foot bath, leg mask, custom aromatherapy massage, hot towel and paraffin treatment.

Evergreen Classic Manicure –an aromatherapy hand soak. Nails are cut and filed and shaped. Nails are buffed and cuticles are tidied followed by an application of luxurious hand cream and finished off with a relaxing hand and arm massage..

Evergreen Indulgence Manicure – addition of exfoliation, hot towel and paraffin treatment, along with extensive hand and arm massage with a custom aromatherapy oil blend.

Evergreen Classic Manicure	\$45
Evergreen Classic Gel Manicure	\$53
Evergreen Indulgence Manicure	\$56
Evergreen Classic Pedicure	\$52
Evergreen Indulgence Pedicure	\$67
Gel Polish Removal	\$19
Paraffin Add-on	\$23
Toenail Trim	\$28
Fingernail Trim.....	\$15
Nail Buff and Shine	\$3
Polish Change	\$17

WAXING & TINTING

Eyebrow.....	\$20
Lip.....	\$16
Chin	\$15
Half Leg	\$45 and up
Full Leg.....	\$62 and up
Underarm	\$20
Arm.....	\$34 and up
Eyebrow Tint.....	\$20
Eyelash Tint	\$28
Eyebrow & Eyelash Tint.....	\$45
Eyebrow Tint & Wax	\$34

FACIALS

Evergreen Clarifying Facial.....\$84
A relaxing and extensive treatment includes extractions.

**Add our signature hand and arm massage for \$17*

Evergreen Luxury Facial.....\$84
An indulgent facial that will leave your skin looking radiant. This extravagant experience includes a hand and arm massage, however extractions are not included.

**Add paraffin treatment for \$12*

MASSAGE

Massage and Bodywork offer a wide range of benefits that can assist you with self-care and overall well-being. There are a variety of different modalities we offer at the **Evergreen Salon & Spa™**. With over 15 years of experience, we customize each treatment to your needs.

**Hot towels + aroma blend included with every massage*

Swedish/Relaxation Massage			
30min...\$76	45min...\$93	60min...\$109	
75min...\$122	90min...\$143		

Reflex Infused Leg & Foot Massage			
30min...\$73	45min...\$83		

Deep Tissue Massage			
45min...\$108	60min...\$130	90min...\$158	

Indian Style Head Massage (seated with hair oils)			
30min...\$75	45min...\$87		

REIKI Starting at \$60

Reiki is a practice symbolizing “universal life force energy,” involving a practitioner using hand placements over different areas to assist with stuck energy. Aiding in self healing within your body, while leaving individuals feeling tranquil and relaxed.

REFLEXOLOGY\$90 per treatment
..... \$450 for package of 6

Reflexology promotes self-healing power in the body. Working the reflex areas in the feet provides balance, regulates the functions of organs and tissues, and improves natural processes such as breathing, circulation and digestion. Reflexology helps to release stress, reduce pain, boost the immune system and restore natural balance, health and vitality!

FOOT CARE NURSE.....\$80

Includes a nursing assessment of the feet, trimming and filing of the toenails and treatment of problem areas. Foot concerns may include: corns, calluses, ingrown toenails, fungus on toenails and/or skin, bunions or other deformities, thickened or deformed toenails, foot ulcers, psoriasis.

Diabetics should see a foot care nurse every 6 weeks

**Gift Cards available.*

*Group Packages, Events & Celebrations
can also be booked with food & beverages.
Employee & Resident discounts available.*

**24-hour cancellation policy in effect.
Prices subject to change.*

